

From Pages 10 and 11 of Melainah's Meditation in Preconference Call #3

Ready to step it up a little more?

From where you are sitting in these amplified fields of Light, and using your Merkaba Light vehicle and your Light Body, with your intention, travel now into the matrix of your DNA.....

See the spiraling double helix.....

In this matrix, there is a DNA control room. Locate that now.....

If you have not visited this place before in this incarnation,
you might have to knock down some cobwebs and blow the dust away.....

Once you locate the control room,

look for the cabinet labeled "Light Quotient" and open it.....

Inside that cabinet is a dial, which was almost completely turned off eons ago
in human history.....

Slowly turn the dial to the open position,

so this long-dormant flow of current can begin to move
throughout the matrix of the DNA.....

Also in this cabinet are seven Packets. Remove them.

These are Packets of Light Consciousness.....

With the Light Packets in hand,

travel now into the spiraling strands of the DNA

and insert each Packet at various junctures along the double helix.....

Trust your inner knowing to guide you where each should be placed.....

Once all have been placed,

leave the matrix and return with your Merkaba vehicle

to where you are physically sitting in present time.....

The Light packets that you have just placed will stimulate the helix to accept changes in the configuration of itself, as certain DNA strands that relate to the physical body begin to activate. This will be an automatic process. And all of your DNA strands will now be stimulated to use the higher states of consciousness that you are bringing, right now, into the body. And that will alter the strands and the energetics that each emanate.....

Extract: 7 Packets of Light in the DNA

The Sacred Heart and Christed Mind Consciousness needed to be supported in the DNA helix for them to emanate and function more fully in the physical body. They could not be held only in the Light Body.

So, take a deep breath...

Return your attention to your Heart center,

Consciously connect with that White Luminous Star Tetrahedron
in your Merkaba field,

allowing it to amplify even more the flow of the Light frequencies
of the Sacred Heart Consciousness and the Christed Consciousness,
now running throughout your entire body.....

Increase the intensity of the flow.....

Turn it up a little bit more.....

Now please sit and maintain this space,
running and holding the energies at this level,
for as long as you can.